



HIGH GEAR

Rotary Club of Burlingame

July 12, 2010

Dave Vaughn, Editor

THE YEAR OF THE "Z"

President Dennis Zell ushered in the YEAR OF THE Z with a bang. Barry Parker led the pledge. And Bob Doerr gave a rousing invocation which contained 3 Amens. President Z welcomed Rosalie O'Mahoney after receiving a brand new hip. Looking good Rosalie. Mike Horwitz is recuperating from his rotator cuff vice cup operation – a procedure reserved for athletes? ?

VISITORS

Perry Paraskevas introduced us to the most influential visitor, Bridget Zell. Yes the woman behind the throne. John Delaney introduced us to Sunny Arora, Roti Indian Bistro. Dave Behling was introduced by Doug McGeorge. Will Holsinger introduced us to Dennis Freyer, Hilton General manager, on his 4th visit to the Club. Pete Wanger from Burlingame South was introduced by Walt Ramseur.



ANNOUNCEMENTS

President Dennis thanked Emily Matthews for providing the Club with a Directory and she received a standing "O".

Then President Dennis brought out the Hammer: Dues are increasing \$25 and lunches will be \$20 and coffee \$10.



With the hand writing on the wall, the Presidents Club started to grow. Jay Miller was number 1. Julius Aires followed. Jerry Deal stepped to the plate and Ted Kruttschnitt bought insurance. Bob Davidson balked and Skyler Sager took the plunge. Scott Hartley returned after a 3 year sabbatical to join Dennis's Club. Dave Carr wanted to know if Dennis had a senior discount membership. Dave was fined \$25. By the way, where is the bell – Dennis?

Mike Bohnert introduced us to our latest square badgers:

Gabrielle Karampelas

Jordana Peil



Welcome Welcome Welcome

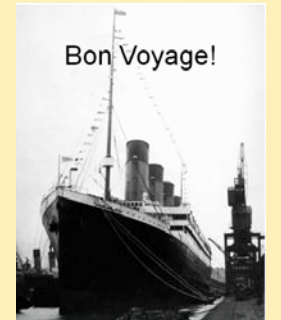
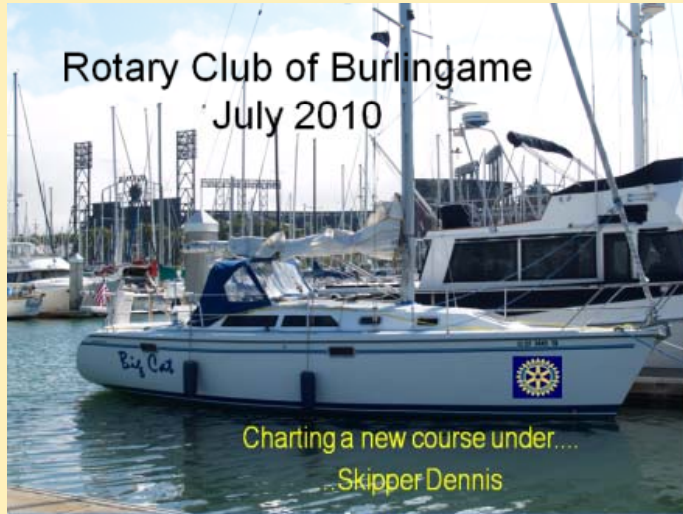
Producer Mark Johnson arrived just in time to recognize his players that contributed to the Debunking. First and foremost, Dennis Zell who wrote the script and directed the action. And Jerry Wings who introduced us to Joe from birth to President. Mark Lucchesi, Ricardo Ortiz, Marilyn Orr, Dave Vaughn Doug McGeorge, Fritz Brauner, John Delaney and Karen Key.



NEWSCAST

Barry Parker took us on a sail around the Bay. He very cleverly captured boat names which represented President Dennis's opportunities and challenges he will be facing during his Presidency.

Well done Barry!!



PROGRAM

Cheryl Fama introduced our speaker, Susan Lewis, MD. Dr. Lewis is an orthopedic surgeon practicing at Saint Francis Memorial Hospital in San Francisco. Dr. Lewis spoke to us on the technology of platelet rich plasma (PRP) and its use in sports medicine. Simply stated blood is drawn from your body and the platelets are spun out and injected into the area of concern. It has been very successful in treating soft tissue issues such as persistent tendon problems like tennis elbow, plantar fasciitis, and patellar tendinosis may help stimulate the healing process. This procedure may eliminate the need for surgery.

For more information go to:

http://www.saintfrancismemorial.org/Medical_Services/195218



Drrrawing
Doug McGeorge won a free lunch!!!